

Masterclass Symposium

Saturday 22nd July 2017

Programme outline

Time	Presenter	Presentation Title
Musculoskeletal disorders: differential diagnosis and specific management		
8:30am	Registration	
8:45	Introduction	
9:00	Dr Trudy Rebbeck PhD FACP Specialist Musculoskeletal Physiotherapist	<i>Recognising red flags in headache.</i>
9:30	Natalie Pulsford Specialist Musculoskeletal Physiotherapist	<i>Cervicogenic or vestibular dizziness? Getting to the source: differential diagnosis in a complex case of neck pain and dizziness</i>
10:00	Peter Roberts FACP Specialist Musculoskeletal Physiotherapist	<i>Multifactorial management approach to chronic pain</i>
10:30	Morning tea	
11:00	Dr Rob Boland PhD FACP Specialist Musculoskeletal Physiotherapist	<i>Thoracic pain in an elderly woman.</i>
The sporting spectacular		
11:30	Dr Mary Magarey PhD FACP Specialist Sports and Musculoskeletal physiotherapist	<i>A patient with a challenging multi-directional instability presentation- could it be centrally driven?</i>
12:15pm	Leanne Rath FACP Specialist Sports Physiotherapist	<i>A systems view of exercising with scoliosis: more than just a Cobb angle.</i>
12:45	Lunch	
1:30	Jane Rooney FACP Specialist Sports Physiotherapist	<i>When ACL reconstructions go wrong- why world practice should be employed in Australia.</i>
2:00	Dr Kerrie Evans FACP Specialist Musculoskeletal Physiotherapist	<i>Lumbopelvic pain in an athlete</i>
TRAINEE SPECIALISTS and the PRESIDENT of the Australian College of Physiotherapists		
2:30	Michael Ryan FACP Specialist Musculoskeletal Physiotherapist	<i>Specialisation? A career pathway for you? Congratulations to new fellows</i>
3:00	Afternoon tea	
3:20	Peter Caine Sports Physiotherapist	<i>Female ultra distance runner with proximal hamstring tendinopathy.</i>
3:40	Roy Daniel Musculoskeletal Physiotherapist	<i>Patient centred management following supraspinatus repair</i>
4:00	Amy Chu Musculoskeletal Physiotherapist	<i>Biopsychosocial Management of a Patient with Neck and Arm Pain and Weakness with Co-existing Psychological, Endocrine and Autoimmune Disorders</i>
4:20	Peter Steggall Musculoskeletal Physiotherapist	<i>Management of chronic back and leg pain post car accident</i>
4:40	Michael Ryan & Trudy Rebbeck	<i>Summary, Insights and new directions</i>
5:00	Close with drinks and nibbles to follow	



AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS



AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION

Directors:
Trudy Rebbeck FACP PhD
Michael Ryan FACP
www.specialistphysioeducation.net.au
Email: admin@specialistphysio.net.au
Ph: 02 9299 0700

Masterclass Symposium

Complex differential diagnosis → Targeted innovative management

Featuring Specialist Musculoskeletal and Sports Physiotherapists :

Dr Mary Magarey, Dr Trudy Rebbeck, Dr Rob Boland, Dr Kerrie Evans, Jane Rooney, Leanne Rath, Natalie Pulsford, Peter Roberts and Michel Ryan.

7th Annual Masterclass Symposium

For the first time presented jointly by:

The Australian College of Physiotherapists with Australian Specialist Physiotherapy Education

The symposium is a unique opportunity for titled and experienced physiotherapists to hear Specialist Physiotherapists with university research and education appointments, discuss “clinical challenges” from their area of expertise. Cases highlighting complex differential diagnosis will be discussed with targeted innovative management. Presentations will use a variety of formats, aiming to engage the participants in clinical reasoning interactive discussions.

Confirmed presenters and topics include:

Dr Mary Magarey	<i>A patient with a challenging multi-directional instability presentation - could it be centrally driven?</i>
Dr Trudy Rebbeck	<i>Recognising red flags in headache</i>
Dr Kerrie Evans	<i>Lumbopelvic pain in an athlete</i>
Dr Robert Boland	<i>Thoracic pain in an elderly woman</i>
Jane Rooney	<i>When ACL reconstructions go wrong - why world practice should be employed in Australia.</i>
Natalie Pulsford	<i>Cervicogenic or vestibular dizziness? Getting to the source: differential diagnosis in a complex case of neck pain and dizziness</i>
Leanne Rath	<i>A systems view of exercising with scoliosis: more than just a Cobb angle</i>
Peter Roberts	<i>Multifactorial management approach to chronic pain</i>

There will be ample time for questions and participation in discussions and the opportunity to understand your **CLINICAL CAREER PATHWAY** future. The symposium also allows our talented trainee specialists to present complex and interesting cases.

This annual landmark event is informative, providing the highest level educational content and is a must attend networking opportunity. Following the presentations, there will be a chance to meet and chat with the specialists over drinks and canapés.

Register at: www.specialistphysioeducation.net.au or Ph: 02 9299 0700

Cost \$425

Location: The Grace Hotel 77 York St Sydney



**AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS**



**AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION**

Directors:

Trudy Rebbeck FACP PhD

Michael Ryan FACP

www.specialistphysioeducation.net.au

Email: admin@specialistphysio.net.au

Ph: 02 9299 0700

Masterclass Symposium

Speaker Biographies below:



Dr Mary Magarey FACP PhD Specialist Musculoskeletal and Sports Physiotherapist

***A patient with a challenging MDI presentation
- could it be centrally driven?***

Dr Mary Magarey is an adjunct senior lecturer at UniSA. Her clinical and educational expertise are in the management of complex shoulder disorders. She is a facilitator, examiner and former chief censor of the Australian College of Physiotherapists (ACP). Mary's international reputation has led her to be invited to present at many international and national courses on the management of complex shoulder disorders.



Dr Trudy Rebbeck FACP PhD Specialist Musculoskeletal Physiotherapist
Recognising red flags in headache

Dr Trudy Rebbeck is a clinical, educational and research expert in that management of complex cervical spine disorders. She has over 30 peer-reviewed publications and lectures internationally in the area of whiplash, neck pain, dizziness and headache. Current appointments include: Medical Assessor for the State Insurance Regulatory Authority, Senior Research Fellow, University of Sydney, ACP examiner and Facilitator trainer and Director of Sydney Specialist Physiotherapy Centre.



Dr Robert Boland FACP PhD Specialist Musculoskeletal Physiotherapist
Thoracic pain in an elderly woman

Dr Rob Boland has published widely in physiotherapy, neurology and neurophysiology journals. He lectures nationally and internationally in courses and conference. Rob holds appointments as a lecturer at the University of Sydney, Independent Consultant for State Insurance Regulatory Authority, and a Specialist Physiotherapist for the NSW Department of Health. His research interests are in the areas of peripheral nerve excitability in spinal cord injury and mechanism underlying carpal tunnel syndrome.



**AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS**



**AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION**

Directors:

Trudy Rebbeck FACP PhD

Michael Ryan FACP

www.specialistphysioeducation.net.au

Email: admin@specialistphysio.net.au

Ph: 02 9299 0700

Masterclass Symposium



Dr Kerrie Evans FACP PhD Specialist Musculoskeletal Physiotherapist
Lumbopelvic pain in an athlete

Kerrie Evans is a Specialist Musculoskeletal Physiotherapist (2007) and a Senior Lecturer and Program Director of the Master of Musculoskeletal and Sports Physiotherapy course at Griffith University. She is also one of the Directors of Allsports Physiotherapy, Gold Coast and maintains a clinical caseload, mainly working with patients with complex musculoskeletal presentations. She consults to various teams including the Titans NRL team and the GC Suns FC as well as individual athletes.



Jane Rooney FACP Specialist Sports Physiotherapist
When ACL reconstructions go wrong - why world practice should be employed in Australia

Jane has extensive experience in the Sports Medicine field both in Europe and Australia and has worked as a clinician for the past 25 years, currently at Lifecare Prahran Sports Medicine Centre, Melbourne. Her clinical expertise is in patello-femoral pain and instability and knee injury rehabilitation. Jane is a Lecturer at La Trobe and Melbourne Universities Jane is the director of Physio Educators, which provides specialist level post graduate Physiotherapy education.



Leanne Rath FACP Specialist Sports Physiotherapist
A systems view of exercising with scoliosis: more than just a Cobb angle

Leanne's work experience includes years in private practice, at The Australian Institute of Sport and The Australian Ballet. She has worked across a range of disciplines including Olympic Games, Commonwealth Games, World Gymnastics Championships, International and National level. Through these environments, she has been exposed to a diverse range of movement capabilities and clinically integrates both bio-tensegrity and ecological dynamics approaches. Leanne is currently consulting clinically as a Specialist Sports Physiotherapist at Physiosports Brighton, Melbourne www.physiosports.com.au and is an Adjunct Research Fellow at the School of Health and Rehabilitation Sciences at the University of Queensland.



**AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS**



**AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION**

Directors:
Trudy Rebbeck FACP PhD
Michael Ryan FACP
www.specialistphysioeducation.net.au
Email: admin@specialistphysio.net.au
Ph: 02 9299 0700

Masterclass Symposium



Peter Roberts FACP Specialist Musculoskeletal Physiotherapist
Multifactorial management approach to chronic pain

Peter graduated as a Specialist Musculoskeletal Physiotherapist (as awarded by the Australian College of Physiotherapists) in 2007. He is a visiting lecturer and clinical tutor on the Masters in Sports and Musculoskeletal Physiotherapy program at the University of South Australia. As only one of two consulting Musculoskeletal Specialist Physiotherapists in South Australia, Peter is actively involved in the tutoring and mentoring of other Physiotherapists seeking to gain this qualification. A passionate meticulous approach to solving musculoskeletal problems with excellent results has resulted in Peter being highly sought after by Specialists, Medical Practitioners and clients.



Natalie Pulsford FACP Specialist Musculoskeletal Physiotherapist
Cervicogenic or vestibular dizziness? Getting to the source: differential diagnosis in a complex case of neck pain and dizziness

Natalie Pulsford is a Specialist Musculoskeletal Physiotherapist (as awarded by the Australian College of Physiotherapists in 2014) and vestibular physiotherapist. She had clinical expertise in the management of complex musculoskeletal pain presentations including neck pain, headache, TMD, whiplash and dizziness. She is a guest lecturer at the University of Newcastle and has taught regularly on the current Spinal Level 1 and 2 courses since 2012.



Michael Ryan FACP Specialist Musculoskeletal Physiotherapist
ACP College President: A clinical career pathway

Michael is a specialist musculoskeletal physiotherapist with a clinical interest and sub-speciality in the diagnosis and management of persistent lower back, neck and spinal pain. His broad range of teaching experience includes University of Sydney, Macquarie University and Australian Physiotherapy Association national courses. His current appointments include: ACP President. Independent Consultant for State Insurance Regulatory Authority and the Physiotherapy Registration Board and Director of Sydney Specialist Physiotherapy Centre.



**AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS**



**AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION**

Directors:
Trudy Rebbeck FACP PhD
Michael Ryan FACP
www.specialistphysioeducation.net.au
Email: admin@specialistphysio.net.au
Ph: 02 9299 0700